



KARNATAK UNIVERSITY, DHARWAD

04 -Year B.A. (Hons.) Program

SYLLABUS

Subject: Sociology

[Effective from 2021-22]

DISCIPLINE SPECIFIC CORE COURSE (DSCC) FOR SEM I & II,

OPEN ELECTIVE COURSE (OEC) FOR SEM I & II and

SKILL ENHANCEMENT COURSE (SEC) FOR SEM I

AS PER N E P - 2020

Syllabus- Course 1: Title- Understanding Sociology	Total Hrs: 42
Unit-I Sociology as Science	14 hrs
<p>Chapter 1: Sociology as a study of Groups and Social Interaction -Definition, Scope and Need; Sociology as Science Vs. Sociology as Social Reform</p> <p>Chapter 2: Foci of Sociology: Social Institutions, Social Inequality and Social Change</p> <p>Chapter 3: Sociological Eye (Randall Collins), Sociological Imagination</p> <p>Chapter 4: Sociological Perspectives: Functionalist, Conflict, Symbolic Interactionist, Feminist</p>	
Unit-II Culture and Socialisation	14 hrs
<p>Chapter 5: Culture: Definition and Elements of Culture; Comparison Melting Pot; Cultural Contact, Cultural Shock, Counter Culture</p> <p>Chapter 6: Global Culture: Globalisation of Values; Cultural Imperialism</p> <p>Chapter 7: Emerging Issues in Culture: Consumer Culture, Children as Consumers, Cyber culture, Netiquette in the age of Digital Living and Digital Divide</p> <p>Chapter 8: Socialisation: Theories of Self: Charles Horton Cooley and George Herbert Mead</p>	
Unit-III Social Change	14 hrs
<p>Chapter 9: Meaning and Nature of social change</p> <p>Chapter 10: Changes due to Industrialisation, Rationalisation, Globalisation, McDonaldization (George Ritzer), Urbanisation and Information Explosion</p> <p>Chapter 11: Consequences of Change: Changing age Structure of Societies: Ageing and Ageism; Technological Impact on Social Life; Changing Environment</p>	

Syllabus- Course 2: Title- Changing Social Institutions in India	Total Hrs: 42
Unit-I Family and Marriage	14 hrs
<p>Chapter 1: Family - Definitions of Family and Household; Changing structure of family; changes in size and composition</p> <p>Chapter 2: Weakening of gender and age stratification - democratisation of relationships: between spouses, parent- children; step-parenting</p> <p>Chapter 3: Changes in care giving of children and elderly</p> <p>Chapter 4: Marriage-Definition; changing patterns of marital relations -cohabitation, separation, divorce and remarriage</p> <p>Chapter 5: Changes in age of marriage, marriage decision making and regional variations</p> <p>Chapter 6: Decrease in number of children and voluntary childlessness</p>	
Unit-II Religion and Education	14 hrs
<p>Chapter 7: Definition; secularisation vs resurgence of religion in modern world</p> <p>Chapter 8: Challenge of diversity - religious freedom vs state laws</p> <p>Chapter 9: Education: Definition; education as socialisation; types of education-formal and informal</p> <p>Chapter 10: Functional view-manifest and latent functions; Conflict view -education as tool for perpetuating inequality</p> <p>Chapter 11: Schooling and Life Chances (Max Weber's views) – increasing enrolment ratio</p> <p>Chapter No 12: Education and Employability- Technology and Digital Divide</p>	
Unit-III Economic and Political Institutions	14 hrs
<p>Chapter 13: Definitions of Economy and Work</p> <p>Chapter 14: Gender stratification in work and its feminization</p> <p>Chapter 15: Job insecurity, Unemployment; Outsourcing- opportunities and threats; automation and advancement of technology</p> <p>Chapter 16: Definitions of Political Institution, Government, Governance and state</p> <p>Chapter 17: Status of Democracy in India</p> <p>Chapter 18: Challenges: Militancy, Fundamentalism, Regionalism</p> <p>Chapter 19: Globalisation and Social Welfare</p>	

Syllabus- OEC: Title- Sociology of Mass Media	Total Hrs: 42
Unit-I Introduction to Mass media	14 hrs
<p>Chapter 1: Meaning, Nature and functions of mass media</p> <p>Chapter 2: Evolution of mass media and digital revolution in India</p> <p>Chapter 3: Importance of Mass media and communication</p>	
Unit-II Types of Mass media	14 hrs
<p>Chapter 4: Typology of Media</p> <p>Chapter 5: Print Media: Merits and demerits</p> <p>Chapter 6: Electronic Media: Merits and demerits, digital divide</p> <p>Chapter 7: Social Media: Types and Implications</p>	
Unit-III Media and society	14 hrs
<p>Chapter 8: Impact of media on culture, education, consumer behaviour and politics</p> <p>Chapter 9: Abuse of Media, commercialization of news & media imperialism</p> <p>Chap 10: Ethics and Social Responsibility of Mass media</p>	

Syllabus- Course 3: Title- Foundations of Sociological Theory	Total Hrs: 42
Unit-I Auguste Comte and Herbert Spencer	14 hrs
<p>Chapter 1: Auguste Comte: Intellectual context, Positivism, Law of Three Stages, Hierarchy of Sciences</p> <p>Chapter 2: Herbert Spencer: Theory of Social Evolution, Organic Analogy, Types of Society.</p>	
Unit-II Karl Marx and George Simmel	14 hrs
<p>Chapter 3: Karl Marx: Dialectical Materialism, Economic Determinism, Class Struggle, Alienation</p> <p>Chapter 4: Georg Simmel: Formal Sociology, Theory of Sociation, Theory of Conflict</p>	
Unit-III Emile Durkheim and Max Weber	14 hrs
<p>Chapter 5: Emile Durkheim: Social Facts, Division of Labour in Society, Suicide, Sociology of Religion</p> <p>Chapter 6: Max Weber: Social Action, Ideal Types, Bureaucracy, Types Of Authority, Protestant Ethics and Spirit of Capitalism</p>	

Books recommended.

1. Abraham, Francis 1984, Modern Sociological Theory, Orient Longman, Delhi Berger, PL 1963, Invitation to Sociology: A Humanistic Perspective, Doubleday, Garden City, N.Y
2. Bruce, Steve, 2018, Sociology: A Very Short Introduction, 2nd edition, Oxford University Press, New York
3. Collins, Randall 1997, Sociological Theory, Rawat Publications, Jaipur
4. Corrigan-Brown, Catherine 2020, Imagining Sociology: An Introduction with Readings, 2nd Edition, Oxford University Press, Canada
5. Coser, Lewis A 2002, Masters of Sociological Thought: Ideas in Historical and Social Context, Rawat Publications, Jaipur
6. Davis, Kingsley 1949, Human Society, Macmillan, Delhi

Syllabus- Course 4: Title- Sociology of Rural Life in India	Total Hrs: 42
Unit-I Rural and Agrarian Social Structure	14 hrs
<p>Chapter 1: Social Construction of Rural Societies: Myth and Reality (MN Srinivas)</p> <p>Chapter 2: Agrarian Social Structure: Land Tenure Systems (Colonial Period); Post-Independence Indian Land Reforms.</p> <p>Chapter 3: Commercialization of Agriculture</p> <p>Chapter 4: Commodification of Land</p>	
Unit-II Themes of Rural Society in India	14 hrs
<p>Chapter 5: Rural Caste and Class Structure</p> <p>Chapter 6: Gender and Agrarian Relations</p> <p>Chapter 7: Impact of Panchayat Raj System and Rural Politics</p> <p>Chapter 8: Actors in Market-Weekly Fairs, Trading Castes, Emerging Trading Classes and Key Role of Intermediaries</p> <p>Chapter 9: Emergence of Online and Virtual Commodity Markets-Features and Impact on Traditional Sellers and Buyers</p>	
Unit-III Rural Development	14 hrs
<p>Chapter 10: Induced Intervention: PURA, MGNREGA, Swach Bharat Abhiyan, Akshara Dasoha, Water and Land Development Efforts</p> <p>Chapter 11: Challenges to Sustainable Rural Development: Casteism, Factional Politics, Natural Calamities (Drought and Floods), Utilisation of Water, Fertilisers and Pesticides</p>	

Syllabus- OEC: Title- Society, Health and Social Care	Total Hrs: 42
Unit-I Introduction	14 hrs
<p>Chapter 1: Concept of Health and Health Care</p> <p>Chapter 2: Concept of Social care and social well being</p> <p>Chapter 3: Cultural factors or determinants of health and social care. (Culture, ethnicity, income, caste, class, housing, geography and age & gender)</p>	
Unit-II Stake holders of Health and Social Care	14 hrs
<p>Chapter 4: Human and social development stages (Infancy, childhood, adolescents and adulthood (early adulthood, middle adulthood and later adulthood)</p> <p>Chapter 5: Health and social care of Children, women and elderly</p> <p>Chapter 6: Health and social care of: people with chronicle illness, Dementia, physically and mentally challenged and depressed</p>	
Unit-III Integrated Social care	14 hrs
<p>Chapter 7: Informal Social care and social intervention (Family, peer group, neighbourhood and religion)</p> <p>Chapter 8: Formal Social care and Counseling (Hospital /Crèches/Old age homes/ State Home for women/NGOs and Help lines for)</p> <p>Chapter 9: Health and Social care during COVID 19 and other Pandemic diseases.</p>	

BA in Sociology

III Semester Syllabus

Course Title: Social Stratification and Mobility (DSCC-5)
Course Code: 013SOC011

Content of Course 5: Social Stratification and Mobility	42 Hrs
Unit – 1 Stratification - Features and Forms	14
Chapter No. 1. Basic characteristics of Stratification: Melvin M Tumin	4
Chapter No.2. Forms of Social Stratification – Estate, Class & Caste	4
Chapter No.3. Dimensions of Social Stratification - Income, Wealth, Power, Occupational Prestige, Schooling	6
Unit – 2 Perspectives on Stratification	14
Chapter No. 4. Functional Theory: Kingsley Davis and W E Moore's perspective and critique by Melvin M Tumin	5
Chapter No.5. Karl Marx's Theory: Class and Social Change	4
Chapter No.6. Weber's Theory: Class, Status and Power	5
Unit – 3 Social Mobility	14
Chapter No.7. Meaning of social mobility; Forms of social mobility: (Horizontal and Vertical, intergenerational and intragenerational mobility)	5
Chapter No.8. Role of Education and Profession in the Rise of Middle Class	4
Chapter No.9. Mobility in Caste in Contemporary India	5

Books Recommended:

Dirks, Nicholas B 2001, Castes of Mind: Colonialism and the Making of Modern India, Princeton University Press, Princeton

Grusky, Nicholas B and Jasmine Hill, 2018 Inequality in the 21st Century, Routledge, New York

Hess, Andreas, 2001, Concepts of Social Stratification, Palgrave, New York

Jodhka, Surnider S, 2018, Caste in Contemporary India, 2nd Edition, Routledge, London

Sarkar, Sumit and Tanika Sarkar (Eds) 2014, Caste in Modern India, Vol.1, Permanent Black, Ranikhet

Sharma, K L 2001, Caste, Social Inequality and Mobility in Rural India, Sage, New Delhi

Tumin, Melvin M Social Stratification, Prentice-Hall India, New Delhi

Wright, Erik Olin 2000 Class Counts, Cambridge University Press, Cambridge

ಶಂಕರರಾವ್, ಚನ (2014) ಸಾಮಾಜಿಕಸ್ತರವಿನ್ಯಾಸಮತ್ತುಚಲನೆ, ಜೈಭಾರತಪ್ರಕಾಶನ, ಮಂಗಳೂರು

ಶಂಕರರಾವ್, ಚನ (2015) ಭಾರತೀಯಸಮಾಜ, ಜೈಭಾರತಪ್ರಕಾಶನ, ಮಂಗಳೂರು

Suggested Activities: Please refer to the following books

Johnston, Josee and others 2017, Introducing Sociology: Using the Stuff of Everyday Life, Routledge, London

McKinney, Kathleen and Barbara S Heys (Eds) 2009, Sociology Through Active Learning, 2nd Edition, Pine Forge Press, New Delhi

Rao, Shankar C N (2019) Sociology: Principles of Sociology with an Introduction to Social Thought, S Chand and Co, Delhi

White, Shelley K and others (Eds) 2015, Sociologists in Action on Inequalities, Sage, New Delhi

Pedagogy Field work, micro projects, group discussion, role play, written/oral presentation by students

Course Articulation Matrix relates course outcomes of course with the corresponding program outcomes whose attainment is attempted in this course. Mark 'X' in the intersection cell if a course outcome addresses a particular program outcome.

Content of Course 6: Sociology of Urban Life in India (013SOC012)	42 Hrs
Unit – 1 Introducing Urban Sociology	17
Chapter No. 1. Meaning and Importance of Urban Sociology; A brief history of Urban Sociology in India and in the world.	6
Chapter No.2. Meaning of Urban, Urbanism and the City; Types of City(Metropolitan, Megacity and Global City)	6
Chapter No.3. Urbanization and its Challenges: Rural-Urban Continuum, Suburbs, Urban Fringe, Urban Sprawl, Edge Cities	5
Unit – 2 Perspectives on Urban Society	9
Chapter No. 4. Ecological Theory (Chicago School)	3
Chapter No.5. World and Global Cities (Saskia Sassen)	3
Chapter No.6 Spaces of Flows (Manuel Castells), Cities in the South(Rio de Janeiro, Jakarta and Mumbai)	3
Unit – 3 Urban Policy	16
Chapter No.7. Inequalities: Caste, Class, Gated Communities and Social Exclusion	5
Chapter No.8. Urban Governance: 74th Amendment to the Indian Constitution, Urban Development and Planning: Objectives and Importance, Recent Urban Development Programmes	6
Chapter No.9. Urban Policy: Urbanization and Environmental Concerns, Smart cities	5

Books Recommended:

Flanagan, William G 2010, Urban Sociology: Images and Structures, 5th Edition, Bowman and Littlefield Publishers Inc, New York

Gottdiener, Mark H & Others, 2015, The Urban Sociology, Routledge, New York

Hannigan, John and Grey Richards (Ed) 2017 The Sage Handbook of New Urban Studies, Sage London

Karp, David A & others, 2015, Being Urban: A Sociology of City Life, 3rd Edition, Praeger, California

LeGates, T R & Frederic Stout (Eds) 2016 The City Reader, 6th Edition, Routledge, New York

Lin, Jan & C Mele (Eds) 2013, The Urban Sociology Reader, Routledge, New York

Miles, Malcolm & Tim Hall 2004 The City Cultural Reader, 2nd Edition, Routledge, New York

Rao, Shankar (2021) Sociology of Indian Society, S Chand and Co, New Delhi

ಶಂಕರರಾವ್, ಚನ (೨೦೧೫) ನಗರಸಮಾಜಶಾಸ್ತ್ರ, ಜೈಭಾರತಪ್ರಕಾಶನ, ಮಂಗಳೂರು

ಶಂಕರರಾವ್, ಚನ (೨೦೧೫) ಭಾರತೀಯಸಮಾಜ, ಜೈಭಾರತಪ್ರಕಾಶನ, ಮಂಗಳೂರು

ಮುಳಗುಂದ, ಐಸಿ (೨೦೧೫) ಭಾರತದನಗರಸಮಾಜ, ಸೃಷ್ಟಿಪ್ರಕಾಶನ, ಧಾರವಾಡ

Suggested Activities: Please refer to the following books

Johnston, Josee and others 2017, Introducing Sociology: Using the Stuff of Everyday Life, Routledge, London

McKinney, Kathleen and Barbara S Heys (Eds) 2009, Sociology Through Active Learning, 2nd Edition, Pine Forge Press, New Delhi

Content of OE 3: Sociology of Tourism and Management	39 Hrs
Unit – 1 Sociology, Tourism, Tourists	14
Chapter No. 1. Meaning of Sociology of Tourism, Culture, Tourism, Tourists, Tourist Gaze; Relation between Tourism, Leisure and Recreation;	5
Chapter No.2.Types of Tourism: Cultural, Heritage, Religious, Medical, Sports, and Eco Tourism	5
Chapter No.3. Tourism and Locals; Hosts and Guests: Mutual Impact	4
Unit – 2 Tourism System	10
Chapter No. 4. Development and Structure of the Tourist System - Motivation and Role of Tourist	3
Chapter No.5. Impact of Tourism on Host Place: Social, Economic, Climate and Environmental	4
Chapter No.6. Sustainable Tourism: Definitions of Sustainable and Sustainable Tourism; Sustainability of Tourism	3
Unit – 3 Tourism Management	15
Chapter No.7. Demand for Tourism at Individual and Market level; Tourism Consumer Behaviour: Role of Intermediaries	5
Chapter No.8. Marketing for Tourism: Definition; Tourism as a Service Industry: Product, Price, Promotion and Place	5
Chapter No.9. Information Technology and Tourism: ICT as a Business Tool; eTourism	5

Books Recommended:

Richard Sharpley 2018, *Tourism, Tourists and Society*, Routledge, London.

Yiorgos Apostolopoulos and others. 1996, *The Sociology of Tourism: Theoretical and Empirical Investigations*, Routledge, London.

Burns, Peter M 1999, *An Introduction to Tourism and Anthropology*, Routledge, London

Fletcher, John & others, 2018, *Tourism: Principles and Practice*, 6th Edition, Pearson, UK

Nash, Dennis 2007, *The Study of Tourism: Anthropological and Sociological Beginnings*, Elsevier, Amsterdam

Urry, John 1998, *The Tourist Gaze: Leisure and Travel in Contemporary Societies*, Sage, New Delhi.

BA in Sociology

IV Semester Syllabus

Content of Course 7: Sociology of Marginalized Groups Course Code: 014SOC011	42 Hrs
Unit – 1 Introduction	16
Chapter No. 1. Marginalisation: Meaning and Nature; Types of Marginalisation: Social, Political, Economic; Relationship between Marginalisation and Social Exclusion	6
Chapter No.2. Causes of Marginalisation; Marginalised Groups: Caste, Tribes Gender, People with Disabilities, Minorities, and Elderly	5
Chapter No.3. Socio-economic Indices of Marginalisation: Poverty, Relative Deprivation, Exploitation, Discrimination, Educational Backwardness, Inequality and Untouchability	5
Unit – 2 Marginalisation and Affirmative Action	14
Chapter No. 4. Views of Dr B R Ambedkar and Affirmative Principle in the Constitution of India (Constitutional Provisions) and Legislative measures	5
Chapter No.5. Scheduled Castes, Scheduled Tribes and Status of Women in these groups; Status of Transgenders	5
Chapter No.6. Status of Landless Agricultural Labourers, Status of Land Ownership among Scheduled Caste and Scheduled Tribes	4
Unit – 3 Marginalised Groups and Social Change	12
Chapter No.7. Social Mobility among Marginalised Groups: Factors of Mobility - Education, Employment, Political Participation, Conversion, Migration	6
Chapter No.8. Challenges of Privatisation and Response by Marginalised Groups	3
Chapter No.9. Social Justice in the context of Globalisation	3

Books Recommended:

Beteille, Andre 1992, The Backward Classes in Contemporary India, Oxford University Press, Delhi

Charley, S R and G K Karanth 1998 (Eds) Challenging Untouchability, Sage India, Delhi

Gore, M S 1993 The Social Context of an Ideology: Ambedkar's Political and Social Thought, Sage, New Delhi

Judge, Paramjit S (Ed) 2013 Towards Sociology of Dalits, Readings in Indian Sociology - Volume 1, Sage, New Delhi

Gupta, Dipankar 1991, Social Stratification, Oxford University Press, Delhi

Jodhka, Surnider S, 2018, Caste in Contemporary India, 2nd Edition, Routledge, London

Omvedt, Gail 2013 Dalits and the Democratic Revolution, Sage, New Delhi

Singh, K S (1994) The Scheduled Tribes, Oxford University Press, New Delhi

Rao, Shankar (2021) Sociology of Indian Society, S Chand and Co, New Delhi

Thorat, Sukhdeo 2009 Dalits in India, Sage, New Delhi

Thorat, Sukhdeo and Katherine Newman 2009 Blocked by Caste: Economic Discrimination in Modern India, Oxford University Press, New Delhi

ಗುರುಲಿಂಗಯ್ಯ, ಎಂ (೨೦೧೬) ಅಂಚಿನಗುಂಪುಗಳ ಸಮಾಜಶಾಸ್ತ್ರ, ದೀವಿತಪ್ರಕಾಶನ, ತುಮಕೂರು

ಶಂಕರರಾವ್, ಚ. ನ (೨೦೧೬) ಭಾರತೀಯ ಸಮಾಜ, ಜೈಭಾರತಪ್ರಕಾಶನ, ಮಂಗಳೂರು

Content of Course 8: Population and Society	42 Hrs
Unit – 1 Introduction	14
Chapter No. 1. Meaning, Scope and Importance of Population Studies, Relationship between society and population	4
Chapter No.2. Global Population Trends: role of fertility, mortality and migration; Power of Doubling	5
Chapter No.3. Age and Sex Composition in India and its Impact; Demographic Dividend. Causes and Effects of population Explosion	6
Unit – 2 Sources of Demographic Data	15
Chapter No. 4. Population Census: Uses and Limitations; Indian Censuses	5
Chapter No.5. Vital Registration System	4
Chapter No.6. National Sample Survey; Sample Registration System; National Family Health Surveys (NFHS)	4
Unit – 3 Population Theories and Policy	13
Chapter No.7. Population Theories: Malthusian Theory, Optimum Theory of Population and Demographic Transition Theory	6
Chapter No.8. Need of Population Policy; Millennium Development Goals and Sustainable Development Goals	4
Chapter No.9.; Population Policy of India; Programmes and their Evaluatio	4

Books Recommended:

Agarwal, S.N. (1989) Population Studies with Special Reference to India. New Delhi, Lok Surjeet Publication.

Ahuja, Ram. (1992) Social problems in India. Jaipur, Rawat Publications.

Bhende, A. A., and Kanitkar, T. (2019) Principles of population studies. Bombay, Himalaya Pub. House.

Bogue, D. J. (1969) Principles of demography. New York: Wiley.

Bose, Ashish (1991) Demographic Diversity in India, B.R. Publishing Corporation Delhi

Bose, Ashish. 2001. Population of India, 2001 Census Results and Methodology, B.R. Publishing Corporation. Delhi.

Census of India Report, GOI, New Delhi.

Kingsley Davis. (1951) The Population of India and Pakistan. Princeton, N. J.: Princeton Univ. Press.

Kirk, Dudley. 1968. 'The Field of Demography', in Sills, David. ed. International Encyclopaedia of the Social Sciences. The Free Press and Macmillan. New York.

Rao, Shankar (2021) Sociology of Indian Society, 16th Reprint, S Chand and Co, New Delhi

Visaria, Pravin and Visaria, Leela. 2003. 'India's Population: Its Growth and Key Characteristics', in Das, V. ed. The Oxford India Companion to Sociology and Social Anthropology. Oxford University Press. Delhi.

ರಾಜಶೇಖರ, ಎಸ್ (೨೦೧೩) ಜನಸಂಖ್ಯಾಶಾಸ್ತ್ರ, ಮೈಸೂರುಬುಕ್‌ಹೌಸ್, ಮೈಸೂರು

Content of OE 4: Sociology of Food Culture	39 Hrs
Unit – 1 Introduction	13
Chapter No. 1. Sociological Nature of Food and Eating; Sacred and Taboo Foods; Food, Changes in food culture	5
Chapter No.2. Determinants of Food Consumption - Types of Food: Vegetarian, Non-vegetarian, Vegan and Flexitarian	4
Chapter No.3. Local Food Cultures and Taste for Exotic	4
Unit – 2 Food from Domestic to Industry	13
Chapter No. 4. Industrialisation of Food Production and Distribution	5
Chapter No.5. Hotels, Restaurants and Catering Sector	4
Chapter No.6. Cooking as duty and cooking for self-pleasure	4
Unit – 3 Food and Risk Society	13
Chapter No.7. Diet and Body: Social Appearance and Beauty	4
Chapter No.8. Global Overview: Consumption: Patterns and Reasons; Overeating, Under-eating and Hunger	4
Chapter No.9. GM Foods, Organic Foods and Modern Food Practices as Risk Factor	5

Books Recommended:

Beardsworth, Alan and Teresa Keil, 1997, *Sociology on the Menu: An invitation to the study of food and society*, Routledge, London

Beck, Ulrich 1992, *Risk Society: Towards a New Modernity*, Sage Publications

Carolan, Michael, 2012, *The Sociology of Food and Agriculture*, Routledge, London

Food Marketing to Children and Youth, 2006, Institute of Medicine, USA

German, John and Lauren Williams (Eds) 2017, *A Sociology of Food and Nutrition: The social appetite*, Oxford University Press, Australia

Madhu Nagla, 2020, *Sociology of Food*, Rawat Publications, Jaipur

McIntosh, Wm.Alex, 1996, *Sociologies of Food and Nutrition*, Springer, New York

Murcott, Anne (Ed) 1983, *The Sociology of Food and Eating*, Digitised by Google

Poulain, Jean-Pierrre, 2017, *The Sociology of Food: eating and the place of food in society*, Tr by Augusta Dorr, Bloomsbury, UK

Rastogi, Sanjeev (Ed) 2014, *Ayurvedic Science of Food and Nutrition*, Springer, New York